



## **Kindergarten – 8<sup>th</sup> Grade Winter 2026 After-School Programs** **(Listed in order by day offered)**

We offer after-school clubs and activities for students in Kindergarten through 8th Grade. Members of our faculty and staff offer some of our programs. Others are provided by outside companies that have a relationship with our school. *Please note that dates, times, and prices vary.* The minimum enrollment for each program is 6, unless otherwise noted; maximum enrollment varies by program. Please get in touch with our Enrichment Manager, Jessica Mahfoudi, with any questions ([jmahfoudi@stmartinsmd.org](mailto:jmahfoudi@stmartinsmd.org))

### **MONDAYS:**

**Karate Club (Kaizen Karate)**

**Kindergarten – 5<sup>th</sup> Grade**

**Mondays: January 26; February 2, 9, 23; March 2, 9 (3:45 – 4:45)**

This popular class is a disciplined introduction to the sport by Kaizen Karate. Your child will learn the beautiful art of karate while gaining safety and defensive skills in a respectful environment. The class will also emphasize the basic karate principles of focus, patience, and self-discipline. Returning students will continue to work toward new belts, while first-time students will be able to start the belt program. **\$150 / Min # of students: 6; Max: 12**

**Artful Adventures - Creating Cool Characters (Holly Rosario)**

**Kindergarten – 4<sup>th</sup> Grade**

**Mondays: January 26; February 2, 9, 23; March 2, 9 (3:45 – 4:45)**

Join us for a new creative adventure each week in this six-week exploration of exciting and surprising art processes. This Winter, we will explore the world of illustration by creating our own unique characters and illustrating the interesting worlds they occupy. Focusing on creativity, students will experiment with a variety of materials and media, while engaging in student-centered projects that reflect their unique interests and ideas. This club encourages self-expression and meaning-making, fosters a love for art, and provides a supportive space for young artists to learn, grow, and create. Further information can be found at [HollyRosario.com](http://HollyRosario.com) **\$100 + \$20 Supply Fee / Min # of students: 6; Max: 12**

**Volleyball Club (JumpBunch)**

**Kindergarten – 5<sup>th</sup> Grade**

**Mondays: January 26; February 2, 9, 23; March 2, 9 (3:45 – 4:45)**

Discover the fun of volleyball! The Amazing Athletes Volleyball Clinic helps children learn the game through friendly coaching and engaging, age-appropriate drills. All skill levels are welcome. Our Amazing Athletes coaches guide each child at their own pace as they build fundamentals—serving, striking, digging, and setting—and gain confidence with every session. Kids will also enjoy fun games that strengthen new skills, promote teamwork, and keep everyone active in a safe, positive environment. Join us for an indoor volleyball experience focused on learning and having fun! **\$150 / Min # of students: 6; Max: 15**

### **TUESDAYS:**

**Eco Trekkers (Eco Adventures)**

**Kindergarten – 4<sup>th</sup> Grade**

**Tuesdays: January 20, 27; February 3, 10, 17, 24 (3:45 – 4:45)**

Join us for the Eco Trekkers program, where children will participate in six fun-filled hands-on sessions exploring the wonderful world of nature with activities, live animal interactions, games, and more! Explore the unique and interesting world of animals, discover what is just outside our doors, and learn how to train our wonderful animal friends. The weekly themes will include marvelous mammals, beautiful bugs, awesome amphibians, beloved birds and two weeks of radical reptiles! **\$130 + \$20 Supply Fee / Min # of students: 6; Max: 15**

**Yoga Club (Mrs. Bacot – St. Martin’s 2<sup>nd</sup> Grade Teacher)****Kindergarten – 8<sup>th</sup> Grade****Tuesdays: January 20, 27; February 3, 10, 17, 24 (3:45 – 4:45)**

We’re excited to offer Yoga Club again this Winter, hosted by the wonderful Mrs. Bacot!  This is a perfect opportunity for students to unwind, stretch, and learn calming techniques after a busy day. Students will practice breathing techniques, relaxation, and mindfulness, while also learning the names of yoga poses in their original Sanskrit. *Each student will receive a t-shirt with a catchy yoga phrase on it, and each session will end with a small, delicious treat!* **\$90 + \$25 Supply Fee / Min # of students: 8; Max: 18**

**Tennis Basics (TGA)****1<sup>st</sup> – 4<sup>th</sup> Grade****Tuesdays: January 20, 27; February 3, 10, 17, 24 (3:45 – 4:45)**

This indoor tennis club is perfect for young beginners excited to learn the basics of tennis in a fun and supportive setting! Through engaging games and age-appropriate drills, students will work on fundamental skills like hand-eye coordination, basic strokes, and footwork. Our friendly coaches focus on building confidence, teamwork, and a love for the game. Ideal for Kindergarten 4<sup>th</sup> Grade students, this program is all about having fun while learning the foundations of tennis! **\$200 / Min # of students: 6; Max: 15**

**WEDNESDAYS:****LEGO Club (Mrs. Dickson – St. Martin’s Director of Admissions)****Wednesdays: January 21, 28; February 4, 11, 18; March 4 (3:45 – 4:45)****1<sup>st</sup> – 6<sup>th</sup> Grade**

LEGO Club is a fun, creative program designed to spark imagination, problem-solving, and teamwork. Each week features a different theme—such as world-building, engineering challenges, architecture, storytelling, and collaborative mega-projects—using a large shared collection of mixed LEGO bricks. Students build, test, redesign, and share their creations during each session, developing confidence and design skills while having a great time. All creations stay with the club, but students’ work is celebrated through photos and an end-of-session showcase. An on-theme snack will be provided each week to be enjoyed during the club meeting. **\$90 + \$10 Supply Fee / Min. # of students: 5; Max: 12**

**Chess Club (Silver Knights)****Kindergarten – 8<sup>th</sup> Grade****Wednesdays, January 21, 28; February 4, 11, 18; March 4 (3:45 – 4:45)**

Learn chess with Silver Knights [previously known as Magnus Academy]. We’ve taught 10,000+ children to play chess, including state champions, though most students are beginners looking to learn a new skill and have FUN. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Students will have the opportunity to play in tournaments. All chess supplies provided. All skill levels are welcome. All students receive a ChessKid Gold Membership with the program **\$160 / Min # of students: 6; Max: 15**

**THURSDAYS:****Yoga Club (Mrs. Bacot – St. Martin’s 2<sup>nd</sup> Grade Teacher)****Kindergarten – 8<sup>th</sup> Grade****Thursdays, January 22, 29, February 5, 12, 19, 26 (3:45 – 4:45)**

We’re excited to offer Yoga Club again this Winter, hosted by the wonderful Mrs. Bacot!  This is a perfect opportunity for students to unwind, stretch, and learn calming techniques after a busy day. Students will practice breathing techniques, relaxation, and mindfulness, while also learning the names of yoga poses in their original Sanskrit. *Each student will receive a t-shirt with a catchy yoga phrase on it, and each session will end with a small, delicious treat!* **\$90 + \$25 Supply Fee / Min # of students: 8; Max: 18**

## **GymGuyz Move! (GymGuyz)**

**Thursdays, January 22, 29, February 5, 12, 19, 26 (3:45 – 4:45)**

**4<sup>th</sup> – 8<sup>th</sup> Grade**

This club will be a high-energy, inclusive group workout centered around helping our young athletes thrive by focusing on an introduction to resistance movement, cardio drills, team building exercises, sportsmanship, and the fundamentals of exercise. Some examples of classes we will do are -

- Kick Ball
- HIIT Relay Races
- Circuit Challenges
- Agility Challenges
- Team building and Camaraderie exercises

The goal of GYMGUYZ is to bring the joy of movement to all. From young athletes to seasoned veterans, we are here to introduce our community to the world of movement and all that comes along with a commitment to a healthy lifestyle. Rooted in the convenience of bringing the workout to you, we take pride in bringing creative and customized programming to each group that we encounter. We encourage healthy habits, laying groundwork for healthy lifestyles that our neighbors carry with them for life. We're excited to partner with St. Martin's to bring these core focuses to the athletes of tomorrow. **\$240 / Min. # of students: 8; Max: 12**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>Karate Zoo</b> PS/PK Parish Hall	<b>Nature Nuts</b> PS/PK Mrs. Cox's Classroom	<b>Mini Monets</b> PS/PK Mrs. Cox's Classroom	<b>Soccer Shots</b> PS/PK Parish Hall
<b>Tippi Toes</b> PS/PK Parish Hall			
<b>Artful Adventures – Creating Cool Characters</b> (K – 4 <sup>th</sup> Grade) Artful Adventures MS Art Room	<b>Eco Trekkers</b> (K – 4 <sup>th</sup> Grade) Eco Adventures MS Science Room	<b>Chess Club</b> K – 8 <sup>th</sup> Grade Silver Knights MS Science Classroom	<b>Yoga Club</b> (K – 8 <sup>th</sup> Grade) Sra. Bacot Narthex
<b>Karate Club</b> K – 5 <sup>th</sup> Grade Kaizen Karate Parish Hall	<b>Yoga Club</b> (K – 8 <sup>th</sup> Grade) Sra. Bacot Narthex	<b>LEGO Club</b> 1 <sup>st</sup> – 6 <sup>th</sup> Grade Mrs. Dickson MS Art Room	<b>GymGuyz Move!</b> 4 <sup>th</sup> – 8 <sup>th</sup> Grade Gym Guyz Parish Hall
<b>Volleyball Club</b> K – 5 <sup>th</sup> Grade Jump Bunch Parish Hall	<b>Tennis Basics</b> (1 <sup>st</sup> – 4 <sup>th</sup> Grade) TGA Parish Hall		

**\*\* Don't forget to check Middle School sports and musical schedules before registering!**